

INFORMATION AND RULES

After recently playing in the Stanborough FastNet Netball league, we thought this would be a welcomed change to the standard tournaments we're used to, and of course a bit of competitive fun to get everybody geared up for the forth coming season!

HOW IT WILL WORK:

Each game will be made up of 2 x 10 minutes. Semi Finals and Finals will be made up of 2 x 13 minutes.

Each court will have an 'official' who will score and ensure the rules are not broken so please don't worry about not knowing the rules inside out ,we have it covered for you!

WHAT YOU NEED TO KNOW:

ROLLING SUBS: Each team have the option to use unlimited rolling subs that can enter the game at any point. There will be a set area for your subs which will be overseen by an official. In order for a sub to enter play simply hold up the card with the position you are changing. The sub cannot enter play until the active player has left the court.

RESTARTS: After a goal is scored the team who conceded the goal will take the next centre.

POINTS: Shooters have the luxury of being able to shoot outside the circle as well as inside. For goals scored outside the circle you will be awarded 2 pts. Standard goals will be awarded 1 pt.

POWER PLAY: Each team can choose 1 half to be their power play half. Your power play half will entitle you to double points – Shots outside the circle – 4 pts – standard shots – 2pt.

WHAT YOU NEED TO BRING:

First of all, each team needs to provide an umpire. Your umpire will not need to score or be in complete knowledge of the rules as the official will oversee this. The only thing your umpire will need to remember is the restart rule and indicate whether it has been a 1 or 2 pt shot scored via hand signals, other than that, umpire as you would a standard game of Netball!

2 sets of identical bibs for your rolling subs.

A maximum of 12 players.

HOW TO ENTER:

Complete the entry form

Enclose 2 cheques payable to LBNC with your team name clearly marked on the back:

- 1) Entry fee £35 (or for entries received by 1st Sept £30)
- 2) Refundable deposit £10 (returned once all umpiring and team duties have been fulfilled)

Send to : Jade Favell at 2 NEW ROAD, LINSLADE, LEIGHTON BUZZARD LU7 2LX

For any further questions please contact Jade at: jade.favell@yahoo.com