



SUMMER LEAGUE RULES – 2024

Membership to England Netball

All players, coaches and umpires must have an active England Netball membership.

Registration to ADNL

Teams and Players must be registered to ADNL via Engage.

Rules Relating to Players

Miscellaneous

Teams can borrow players from other Teams in the ADNL or other Leagues. This can be arranged in advance or on match night. Players with an active England netball membership playing in other leagues can be used. If you struggle to find players for a match, contact the Participation Team, who will do their best to assist you—adnlparticipation@gmail.com.

Minimum age requirement

- Players must be 16 years of age or older.
- However, with advanced permission from the Committee, Teams can use 2 players who are 15 years old by 1 May 2024. Players who turn 15 years old after 1 May will not be eligible to play in the Summer League.
- Teams with Talent ID players who will not have turned 15 years old by the 1st May but are aged 14 and on the England Netball Performance Pathway can request an exemption with the support of the player's EN Pathway Coach. Please contact the Committee for guidance in the first instance.

Requests for consideration by the Committee must be sent via email from the Club Secretary or Team Captain to the Participation Team at adnlparticipation@gmail.com. Please cc the League Secretary at adnl@live.co.uk.

Rules Relating to Game Officials

Rota Duty

The responsibilities of the team members on Rota Duty can be found in the Match Procedures document. Teams are required to carry out their FULL ROTA DUTY, including completing the League's online Matters Arising form by 5 pm on Thursday following the Wednesday match. The Rota Duty Team will be the central timekeeper for all Courts. They must bring their Rota Duty pack with them.

Scorers

All teams in each division must supply a scorer. The responsibilities of the Scorers are detailed in the Match Procedures document. Both scorers should enter the scores into the online form and upload a photo of their scorecard by 5 pm Thursday following the Wednesday match.

Umpiring

All teams in each division must supply an appropriately qualified umpire; the minimum umpiring requirement is as follows:

Div 1: EN C award. Div 2: EN C award. Div 3: EN Into Officiating award and actively working towards the EN C award.
Div 4: Working towards an EN Into Officiating award.

An umpire can be replaced once on the court in the event of illness/injury to that umpire. If a team cannot provide an appropriately qualified umpire (for any reason) but the game can go ahead with the help of a substitute umpire, the team failing to provide the umpire must pay £15.00 to the replacement umpire on the match night.

Rules of Play

Miscellaneous

A team with less than 5 registered players cannot take the court.

All teams must provide a suitable match ball and a set of patches and overhead bibs that are a different colour to the regular playing set.

Match timings

The Rota Duty Team will provide the match timings for all 4 courts.

The match timer will only be stopped at quarter time; it will not be stopped for routine injuries or minor incidents. All matches will consist of four quarters—12 minutes per quarter—with an interval of 1 minute between the first, second, and third-fourth quarters. The half-time interval is 2 minutes.

Points

5 points for the winning team 3 points for a draw for both teams

1 point for the losing team (1 bonus point will be added if scored up to 5 goals less than the winner's score)

Prompt Arrival

Teams must be on the court and ready to play their matches at the appropriate times. The match timer will start on the hour regardless of whether teams are on the court.

Unforeseen Delays

In the event of an unforeseen delay due to facility unavailability, quarters will be reduced to fit into the remaining time of the fixture.

Not Enough Players for a Match

If you do not have enough players for your match, we recommend contacting the Participation Team ASAP at adnlparticipation@gmail.com, and cc the League Secretary at adnl@live.co.uk.

Cancelling/Postponing Fixtures

The League Committee reserves the right to cancel/postpone any fixture, for example, if there is a need to cancel fixtures due to bad weather or venue availability.

Teams are asked not to cancel matches but to seek guidance from the Competition Team at the earliest opportunity – adnlcompetition@gmail.com, and cc the League Secretary at adnl@live.co.uk.

Substitutions

Rolling substitutes:

Players can be substituted during the course of the match without notifying the umpire or calling 'time'. Substitutions must take place when the ball is in the opposite half.

Late arriving players

If a player arrives after the umpire has completed their checks, they must approach the umpire for a nail check before they take the court.

Injured/ill players

They can be replaced by a substitute. The umpire must be notified by calling 'time' so they can pause the game. The match timing will not be stopped. The injured/ill player must leave the court immediately, and the substitution takes place.

Where a substitute is not available, the injured player's team should continue with a player short, provided they can take to the court with a minimum of five players. If a borrowed player is subsequently found, they can take the court after they've had their nails checked by an umpire.

If an injured/ill player cannot be moved within the allotted time slot, the game will be abandoned and awarded to the opposing team.

If an injured player cannot be immediately removed from the court but by the time she is moved, it is within the allotted time slot, then play will resume.

NB: The ultimate decision about whether an injured player should be moved rests with the players themselves.

Recording Injuries

All injuries (no matter how minor) should be recorded. The injured player's team should a) inform the Rota Duty Team of the injury after the match so they can record it on the Matters Arising sheet, b) record the incident in the venue's accident log, c) complete the [EN Accident Report Form](#) on the ADNL website. Insurance claims cannot be made if an accident is not recorded. Teams must have their own first aid kit present at each game.

Pregnancy

In accordance with World Netball, England Netball strongly recommends that the pregnant participant:

(i) consult with their own appropriately qualified medical practitioner to inform them, voluntarily, of their pregnancy and to obtain individual and specific professional medical advice before participating in netball (both during and following pregnancy), in particular regarding the risks of such participation.

(ii) acts in accordance with the medical advice received; and

(iii) attends regular check-ups with their medical practitioner throughout and following their pregnancy regarding their participation in netball, adjusting participation accordingly.

By participating when pregnant, the participant will be deemed to have consented to any risks (including any injury to the participant and/or the unborn child) that may arise from such participation. Aside from liability for death or personal injury resulting from negligence, the participant will also be deemed to have waived any and all claims, causes and rights of action against World Netball, England Netball, event organisers, players and match officials, whether at law or in equity, of whatever nature and any jurisdiction or forum, that she may have as a result of such participation. Members* should note that England Netball's centrally arranged insurance programme excludes any loss or expense due to pregnancy, childbirth, miscarriage, or any consequence thereof.

You can find pregnancy guidance and information on the NETBALLHer website [here](#).

**Personal Members. Excludes Social and Supporting members.*